

## Safety Brief

Emergency exits?

AED/Trauma kit locations

Medically trained personnel

Who is calling 911?

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## Why we are here...




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## MODULE 2

### CIVILIAN RESPONSE COURSE

Active Attack Events,  
Stress Response,  
and  
A.D.D. / Run, Hide, Fight

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## Active Attack Events

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### Definition

Active Attack Event  
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Attempted Mass Murder

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### The Attacker

No "Profile"  
Avenger mindset  
Some broadcast



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## Risk Factors

History of violence

Exposure to violence

Substance abuse/dependence

Mental illness

History of suicidality

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## Risk Factors

Stalking, harassing or threatening behavior

Negative family dynamics and support system

Isolation or instability

Others are concerned

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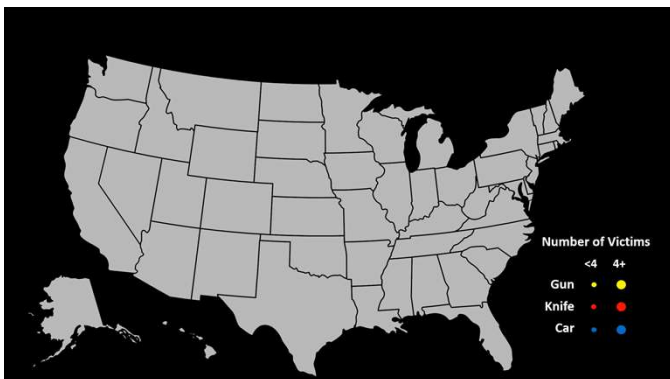
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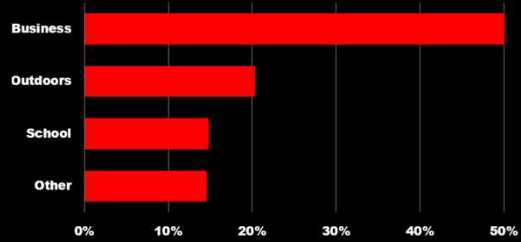
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## Location of Attacks



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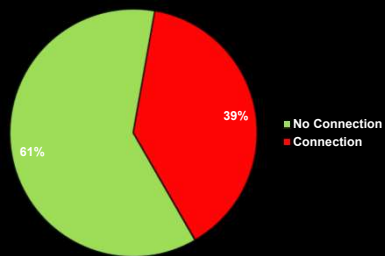
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## Attacker Connection



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**Those who cannot  
remember the past are  
condemned to repeat it.**

**- George Santayana**

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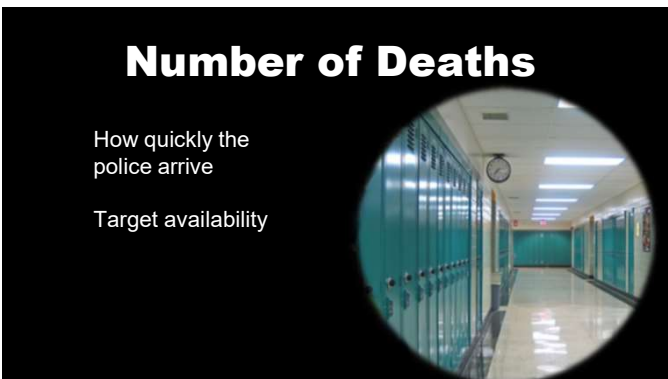
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## 3 Minutes




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## Disaster Response

The background science of how people behave in high stress events

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## Three Stages of Disaster Response

Denial

Deliberation

Decisive Moment




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## Denial




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## Social Proof




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## Deliberation




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## Deliberation

Human Brain



Lizard Brain




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## Deliberation

Human Brain

Fight  
Flight  
Freeze

Lizard Brain




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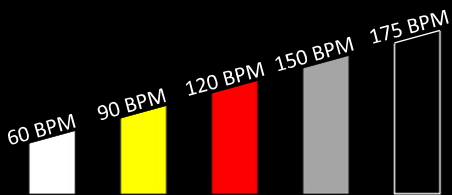
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## Stress Response

Heart Rate




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## Stress Response




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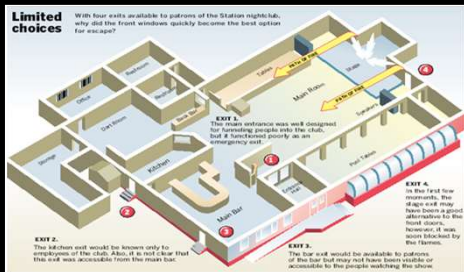
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## Deliberation




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## Station Night Club




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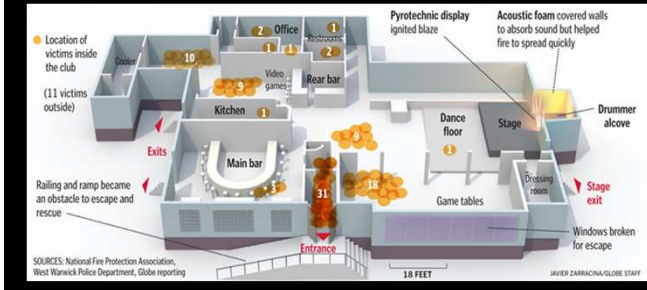
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## Deliberation




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## Deliberation




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## Deliberation

- Calm yourself
- Breathe
- Shift your emotion
- Stay fit




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## Slide 32

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**BJP2** Use camtasia to pull a still image from the video - will be much better quality than this

Blair, J. Pete, 2/5/2018

## Deliberation

Script

Practice




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## Rick Rescorla



IN 1993, RESCORLA WAS VICE-PRESIDENT OF CORPORATE SECURITY FOR THE DEAN-WITTER-MORGAN-STANLEY COMPANY WHEN THE WORLD TRADE CENTER WAS BOMBED THE FIRST TIME. HE LED THE EVACUATION THAT DAY, AND STAYED IN THE SMOLDERING BUILDING FOR 12 HOURS HELPING FIREFIGHTERS RESCUE TRAPPED SURVIVORS.

AFTER THE TERRORIST ATTACK ON 9-11-2001, RESCORLA AGAIN LED THE EVACUATION OF THE WORLD TRADE CENTER. HE WAS LAST SEEN GOING UPSTAIRS INTO THE BURNING BUILDING, CONDUCTING A FINAL SWEEP FOR SURVIVORS. HE WAS KILLED WHEN THE SOUTH TOWER COLLAPSED. HIS ACTIONS THAT DAY SAVED MORE THAN 2,700 LIVES.

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## Decisive Moment




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## Civilian Response

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## Denial

Don't deny

Hear gunshots

Go to deliberation



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## Playing Dead

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**Deliberation**

Avoid = Run

Deny = Hide

Defend = Fight

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**Avoid / Run**

Situational Awareness



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## Avoid / Run

Leave ASAP

Know your exits

Call 911

outside attack begins avoid

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## Avoid / Run

Consider  
secondary  
exits



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## Deny / Hide

Lock the door

Lights out

Out of sight



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## Deny / Hide

### Barricade

Heavier = Better

More = Better

Doorstop = Better?




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## Deny / Hide

CAMERA13




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## Deny / Hide



Simple Door Stops

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## Deny / Hide

Outward opening

Ropes

Tension Sleeve




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## Deny / Hide



There are numerous commercially available door locks on the market.

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## Deny / Hide




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## Defend / Fight

Positioning

Grab the gun

Fight

Shift emotions




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## Defend / Fight




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## Defend / Fight

I'm not going out in a parking lot. I'm not going out like this. I'm not gonna let my wife down. I'm not gonna let my daughter down, and I'm not letting my stepkids down.

– Lt Brian Murphy




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## Surroundings

Avoid = Run

Deny = Hide

Defend = Fight

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## What you do matters

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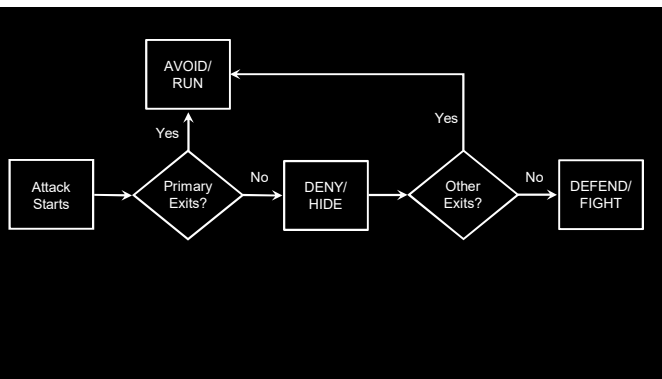
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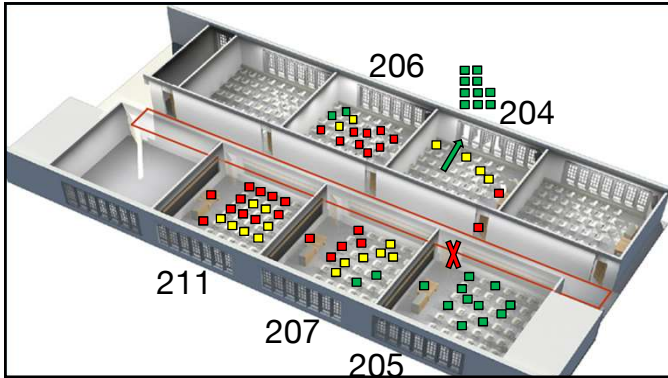
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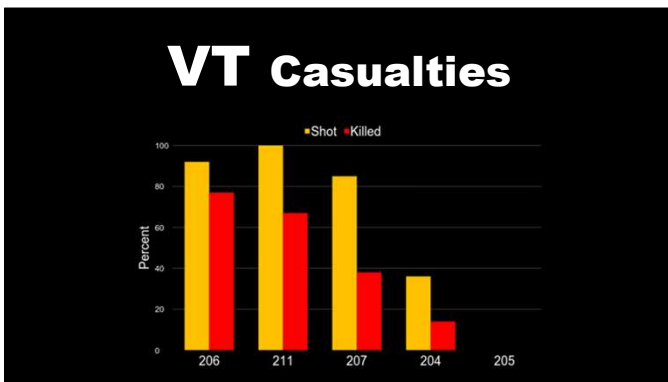
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### When the Police Arrive

- Follow commands
- Show your palms
- Do not move

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## Law Enforcement Focus

Stop the killing

Stop the dying

Evacuate the injured



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## When Police Arrive



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## Medical

Training EMS delay

People need help

Seek additional training



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[illegible]

## Personnel Issues

Expect mental trauma

## Develop a critical incident stress management plan

[illegible]

# Don't Name Them

[illegible]






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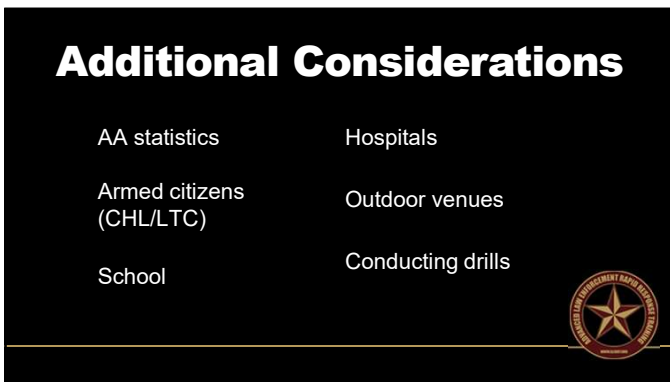
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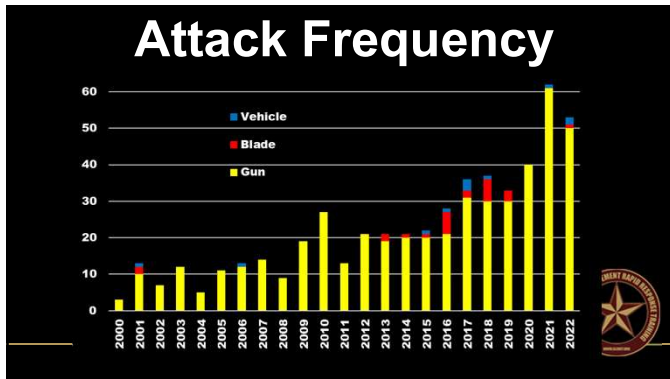
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**45 per year  
over the last  
5 years**

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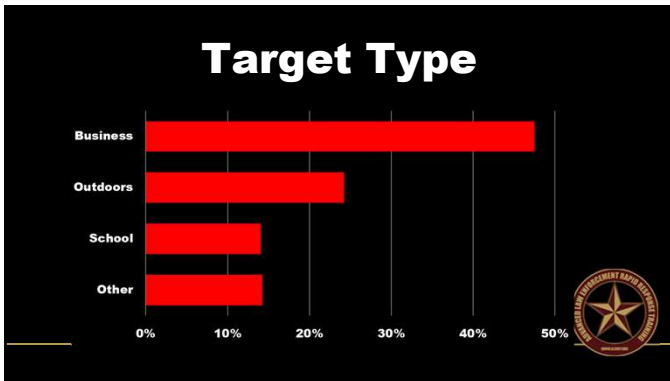
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## Attack Resolution




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## 57% of Attacks End Before Police Arrive




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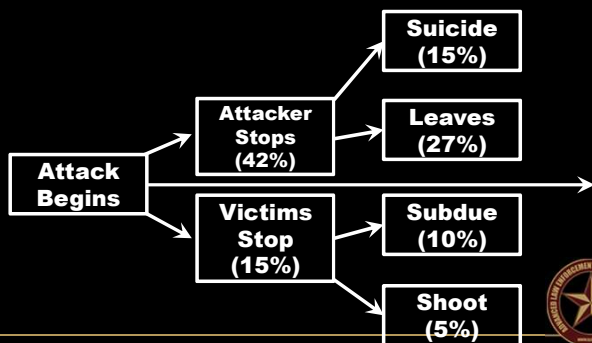
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## 43% End After Police Arrive




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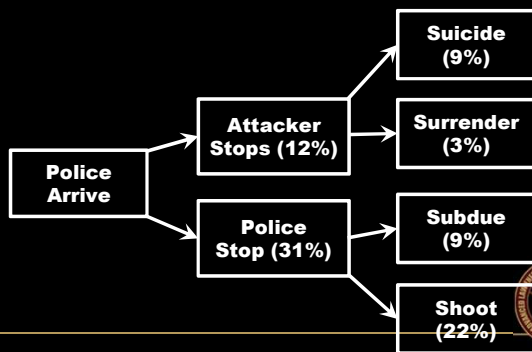
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## Attackers Kill Themselves?




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## 1 out of 4 Attacks




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## The Armed Citizen




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## Issues

Training is limited

Doesn't address stress  
post shooting




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## Recommendations

ADD still applies

Gun is part of defend




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## Recommendations

Don't be armed when cops arrive

Seek more training




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## Schools




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## Issues

Lockdown

Accountability

Standard Response Protocol (SRP)



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## Lockdown?

Who can authorize?

Where does it come from?

How is it announced?

Can everyone be notified?



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**CHARDON, OH**  
**(2012)**

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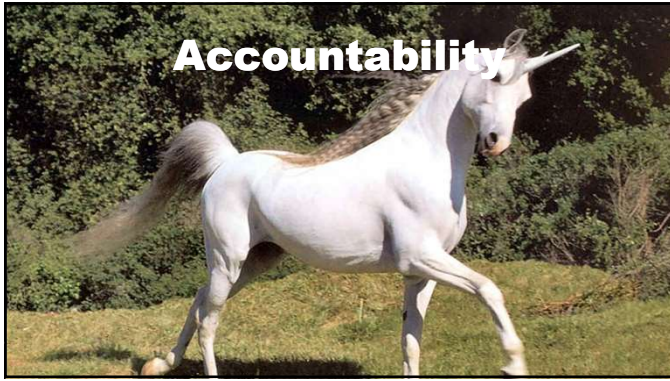
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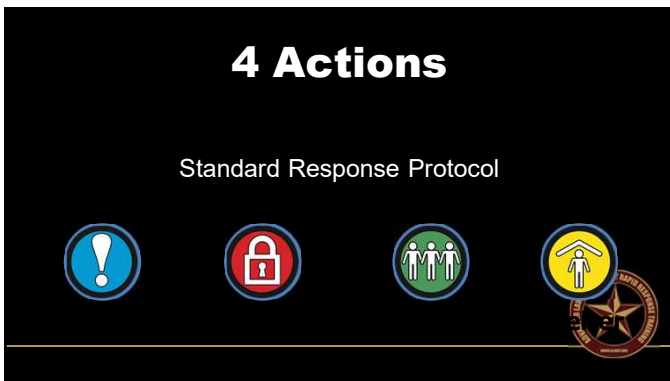
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iloveguys.org




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## Hospitals

**EMERGENCY**

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## Issues

Staff

Patient abandonment?

Care provider personality




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## Issues - Patients

Unable to Avoid (Run)  
 Unable to Deny (Hide)  
 Unable to Defend (Fight)




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## Responder Issues

MRI Suites  
 Medical Gases  
 Diseases  
 Radiological




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## Recommendations

Visit Hospital  
 Educate Staff  
 Deny (Hide)  
 Defend (Fight)




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## Outdoor Venues

Concerts

Stadiums

Sporting events



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## Conducting Drills



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## Planning

Stakeholders

Goals

Type



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## Slide 113

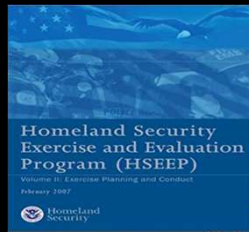
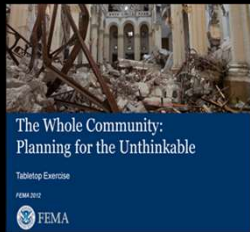
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**BJP7** We should make one of these - it will look a lot better

Blair, J. Pete, 2/5/2018



## Resources




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## Notifications




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## Evaluation

Identify Positives

Identify Gaps

Plan Corrective Action

Implement changes




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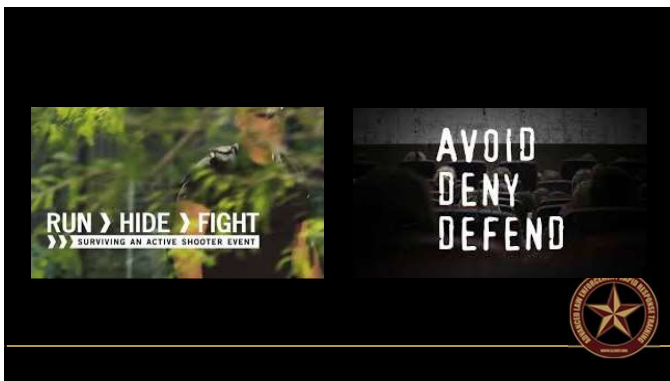
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## Summary




ASE Statistics




Armed Citizens (LTC)



Schools and Hospitals



Conducting Drills




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## MODULE 4

### CIVILIAN RESPONSE COURSE

Preparing our Agency and  
Informing our Community



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**Information is a great thing;  
however, if that information is not  
attainable, due to our failure to  
make it available it is useless.**




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## Overview

Building your program

Media promotions

Social media

Utilizing the ALERRT web portal



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## Taking Care of Our Community



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## Building Your Program

ALERRT expects you to use the material given; however,

Make it community specific

Make it audience specific

Continually update your material



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# Making the Program Available to the Community

- Local Model
- Advertising
- Agency Web Page
- Statewide Models
- Media
- Social Media




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## Local Training Model




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## Local Training Model




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## Statewide Training Model

Local instructors

Training staff support

E-learning platform




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## Statewide Training Model

Local Instructors

[Free Active Shooter Events Training in Salisbury | WGMD](http://www.wgmd.com)

[www.wgmd.com](http://www.wgmd.com) › NEWS › A WGMD Local News Article

On August 29, 2016 from 6:00 pm – 8:30 pm the

Maryland State Police is sponsoring a Civilian Response to Active Shooter Events (CRASE) training.




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## Statewide Training Model

- Training Staff Support

[Active shooter response training to be held in Sykesville](#)

The Sykesville Police Department and the Sykesville Freedom District Fire Department have partnered to host a Civilian Response to Active Shooter Events (CRASE) course. This training is free and open to the public and will be presented by members of the Maryland State Police Education & Training Division.




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## Media Promotions

Positive Promotion

Free Advertising

Force Multiplier

Community Engagement




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## Utilizing Social Media

Twitter

Facebook

Instagram

Nextdoor

Etc




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## Presentation Checklist

Pre-Site Visit

Meet Point of Contact

Identify Audience

Test AV Equipment/Sound

Ensure Adequate Staffing




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## Slide 135

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**BJP8** Is this supposed to be on the slide?

Blair, J. Pete, 2/5/2018



# Instructor Portal

- Email (4-6 wks)
- Course Certificate
- Access to Materials
- Additional Resources




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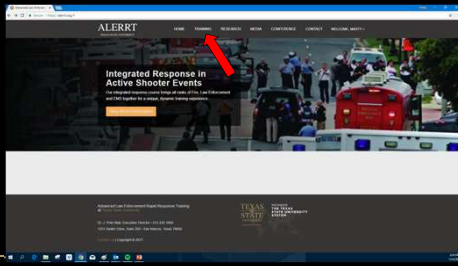
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# Instructor Portal




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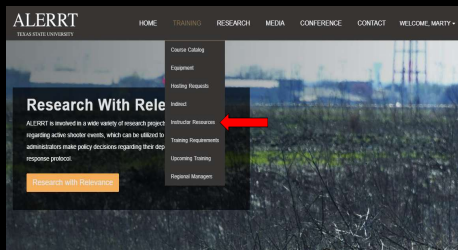
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# Instructor Portal




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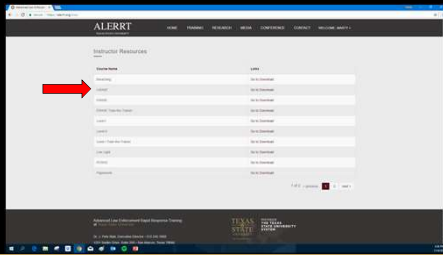
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## Instructor Portal




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## Reporting a Class

- Future Funding
- National/Local Results
- Identifies Future Needs
- Ability to create a generic Certificates




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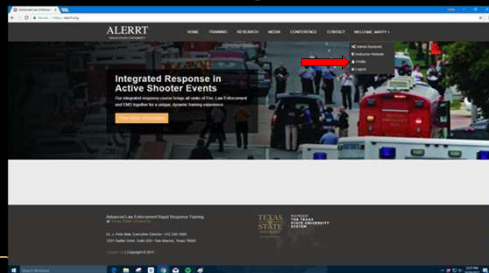
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## Reporting a Class




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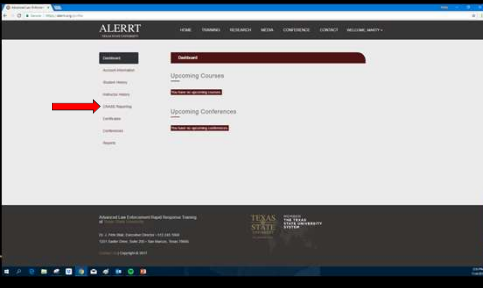
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## Reporting a Class



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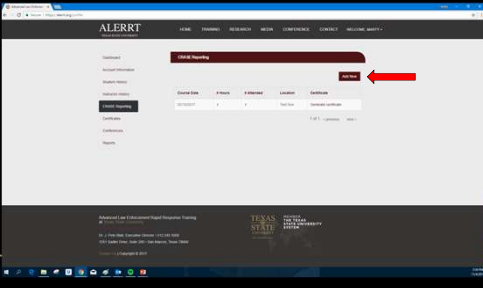
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## Reporting a Class



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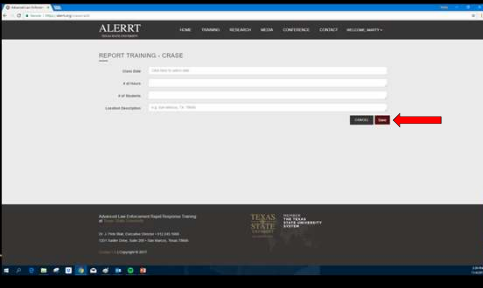
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## Reporting a Class



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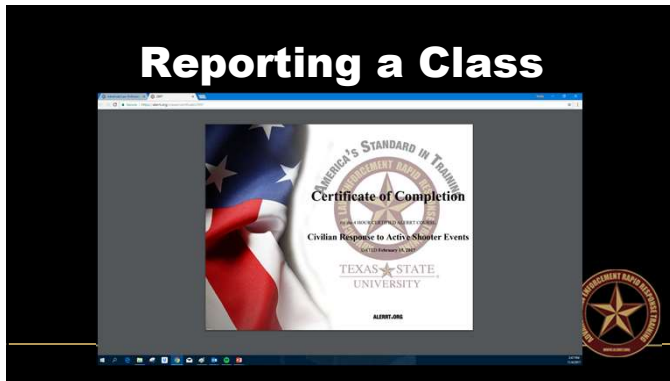
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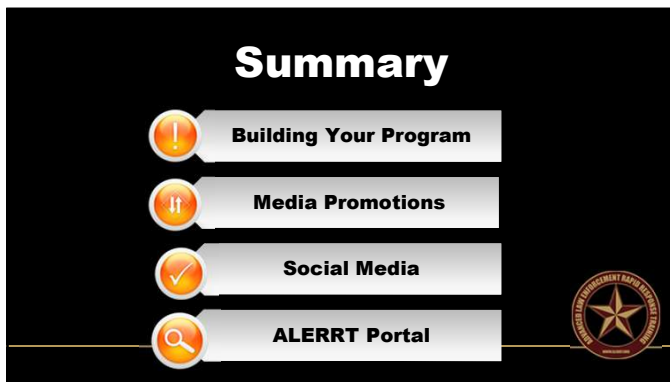
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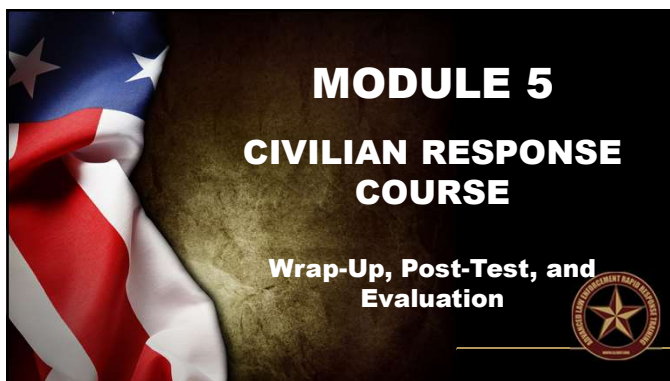
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## Course Evaluation

## Course feedback

### Participant suggestions and observations

Outcome studies to determine how course skills have been applied

[illegible]

## Post-Test

## Assess mastery of course objectives


Re-test allowed

[illegible]

**Course #** comes from the Instructors, Please fill in

Name is optional but it helps

Please Remember to print in ALL CAPS




**Advanced Law Enforcement Recruit Response Training (ALERT®)**  
**Texas State University**  
**Course Evaluation**

Put the zip code of your AGENCY, not the training location

Last Name	Class Number	Middle Initial	First Initial	Zip Code
<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
First Name	<div style="height: 20px;"></div>			
Department <input type="checkbox"/> Dallas <input type="checkbox"/> Houston <input type="checkbox"/> El Paso <input type="checkbox"/> Fort Worth <input type="checkbox"/> San Antonio <input type="checkbox"/> Austin <input type="checkbox"/> Brownsville <input type="checkbox"/> Corpus Christi <input type="checkbox"/> El Paso <input type="checkbox"/> Fort Worth <input type="checkbox"/> Houston <input type="checkbox"/> San Antonio <input type="checkbox"/> San Diego <input type="checkbox"/> Tarrant <input type="checkbox"/> Travis <input type="checkbox"/> Webb <input type="checkbox"/> Other				
Training <input type="checkbox"/> CISMSE Texas Training <input type="checkbox"/> PCHOP <input type="checkbox"/> CISMSE Texas Training <input type="checkbox"/> SHOOTING <input type="checkbox"/> Other				

Instructions: Use the following scale to answer the questions below with (1) being "Not at all effective" and (5) being "Very effective."  
 1 = Not at all effective    2 = Fairly ineffective    3 = Fairly effective    4 = Effective    5 = Very effective  
 If Circle the 3's    ☐ Not this time    ☐ If this time

STATEMENT	1	2	3	4	5
1. The presentation demonstrated expert knowledge of the subject matter.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
2. The instructor met my needs and will prepare me for my world tomorrow.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
3. The instructors presented the material in a clear and professional manner that held my attention.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
4. The training environment was conducive to learning.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
5. The length of the training was appropriate.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
6. The amount of training was appropriate.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
7. Not during of portions of the ALERT® training course.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
8. I acquired new knowledge by attending the course.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
9. The lecture complements the practical application portions of the course.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
10. The training course should be mandatory for all police officers in the region.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
11. I would like to see additional course offered by ALERT®.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>
12. I would like to see additional course offered by ALERT®.	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>	<div style="height: 20px;"></div>



[illegible]

This is the backside of the Evaluation Form

THANK YOU for your effort, be safe and train hard

11. If I could change one thing about this training, it would be:

12. What is one skill/knowledge/skill you gained from the course that you will implement in your job?

13. Other Comments:

Please take the time to actually write comments, this is YOUR course and your comments can help improve the curriculum, with that in mind, please give constructive and useful information

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Thank You!

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