



MISSOURI SHERIFFS' ASSOCIATION TRAINING ACADEMY

Serving Missouri Justice Since 1945

DATE:

April 18, 2024
1:00pm – 3:00pm

LOCATION:

Henry County Sheriff's Office
200 Main Street
Clinton, MO 64735

COST:

Contracted Agency: Free
Non-Contracted Agency: \$25.00

POST CREDIT:

2 hours Technical Studies

DEADLINE: April 12, 2024

REGISTRATION:

Online: mosheriffs.com/training
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FAX: 573-635-2128

FOR MORE INFORMATION:

Jeanne Merritt
Jeanne@mosheriffs.com
573-529-6900

REFUND POLICY

**50% refund if canceled within 48-
hours of the start date. ALL COST
DUE IF NOT.**

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Prone Restraint & the Risk of Asphyxia

POST #22123

SCOPE

Unfortunately, law enforcement and corrections have a limited and largely inadequate set of tools to use to safely subdue violent individuals. As a result, the techniques used to control and restrain the subject may interfere with that individual's ability to breathe. This can result in an in-custody death from asphyxia. (a phenomenon called positional asphyxia.) This presentation outlines the risk factors associated with prone restraint and steps to mitigating the risk. It covers signs and symptoms of abnormal breathing, steps to take if breathing problems are observed, and body position to avoid with restrained individuals. It discusses the three phases of an altercation, the primary objective of each phase, and how to recognize signs that an individual may be at high risk of asphyxiation during restraint.

TERMINAL LEARNING OBJECTIVE

To bring awareness to the dangers of prone restraint and to provide participants with the knowledge and skill to help avoid in-custody deaths from asphyxiation.

ENABLING LEARNING OBJECTIVES

Upon completion of this presentation, the participant will be able to:

1. Explain why prone restraint is so widely used;
2. List the 3 phases of an altercation and the main objective of each phase.
3. State the major risk associated with prone restraint;
4. Define Asphyxia.
5. List 3 types of Mechanical Asphyxia and how each type occurs;
6. List 4 Asphyxiation High Risks Factors;
7. Describe how breathing works and the difference between Ventilation and Respiration.
8. Explain how it is that one can talk and yet not be able to breathe.
9. List a minimum of 8 signs and or symptoms that indicate abnormal breathing.
10. List steps to take if a conscious and an unconscious person is having breathing problem; and
11. Identify, as stated in the presentation, that you must immediately do once a prone subject is restrained.

FOR MORE INFORMATION CONTACT:

Jeanne Merritt at 573-529-6900 or email at jeanne@mosheriffs.com
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